

How to use the Baby Moves app (iPhone)

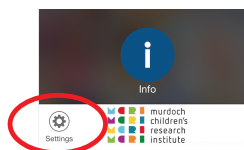
Baby Moves allows parents to record and upload a video of their baby's natural body movements to be checked by a health professional using the General Movements assessment (www.general-movements-trust.info). The General Movements assessment looks at specific movement patterns that occur when your baby is awake and lying on their back without any other handling.

Lets get started...

- 1 Search for 'Baby Moves' in App Store and Download



- 2 Open app and go to 'Settings' (bottom left)



- 3 Under 'I am enrolled in the study', scroll through and select the hospital / study you're enrolled in. Ask our team if you're not sure which one to select

- 4 Once you've selected the study, enter your child's ID (as listed below), their date of birth and expected due date

Press SAVE and allow NOTIFICATIONS

This will remind you when it's time to video your baby's movements!

Your Child's ID: _____

If you have twins: Tap  sign and enter second ID _____

Enter date of birth: __/__/____

Enter expected delivery date (this is the date your baby was due to be born: __/__/____

- 5 You will receive a phone reminder when it's time to take your baby's videos. If you change phones before this time, please let us know so we can set up Baby Moves on your new phone

Any questions about the app, send us an email via the info section

