

# How to use the Baby Moves app (Android)

Baby Moves allows parents to record and upload a video of their baby's natural body movements to be checked by a health professional using the General Movements assessment ([www.general-movements-trust.info](http://www.general-movements-trust.info)). The General Movements assessment looks at specific movement patterns that occur when your baby is awake and lying on their back without any other handling.

Lets get started...

- 1 Go to your Google Play Store

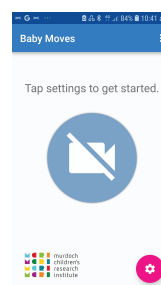


Search 'babymoves'

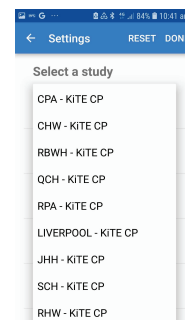
- 2 Download the app



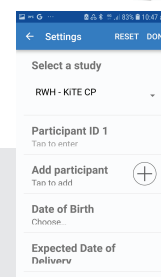
- 3 Open app and go to settings (pink icon, bottom right)



- 4 Select your child's study (as listed below) from the drop down menu



- 5 Enter your child's Participant ID, Date of Birth, and Expected Date of Delivery (as listed below) in the sections provided



Your Child's study: \_\_\_\_\_

Your Child's Participant ID: \_\_\_\_\_

If you have twins: Tap  to Add participant and enter ID \_\_\_\_\_

Enter Date of Birth: \_\_/\_\_/\_\_\_\_

Enter Expected Date of Delivery (the date your baby was due to be born: \_\_/\_\_/\_\_\_\_

**Press OK to SAVE and allow NOTIFICATIONS**

You will receive a phone reminder when it's time to take your baby's videos. If you change phones before this time, please let us know so we can set up Baby Moves on your new phone.

Any questions about the app, send us an email via the info section

