



Support parents with novel ACT-based programs

Ready to launch your master's or PhD program with a team of supportive experts?

Join our high-performing interdisciplinary group (psychology, OT, nursing) and make a real impact supporting parents in a flexible and supportive environment.

Why you should join us

The QCPRRC Parenting Group conducts research on supporting parents in need, particularly parents of children diagnosed with or with a high likelihood of a neurodevelopmental disability such as autism, ADHD or cerebral palsy. Across our research program, we develop, and test novel interventions grounded in acceptance and commitment therapy (ACT).

Ready to make a difference to families?

Join any of the following research projects or talk to us about designing a PhD based on your ideas in our areas of interest.

Project #1: PACT Online.

An MRFF-funded randomised controlled trial (RCT) of PACT Online with 300 families of children with neurodevelopmental disabilities and/or developmental delays, focusing on efficacy and implementation.

Project #2 ENACT.

A RCT of "ENACT", a combination of PACT and very early intervention for families of babies with an increased likelihood of autism due to family history. Follow up of the babies at 6 years of age is to begin in 2025 and plans for a larger scale ENACT RCT are underway.

Project #3 Perinatal PACT.

Over several years we have tested of compassion and ACT components in the perinatal period, with a focus on maternal mental health, breastfeeding and birth outcomes. We are now ready to look at the next steps for this research, conducting an RCT of perinatal PACT.

Project #4 The PAIR Model

We have conducted pilot testing on a training package for early childhood therapists to support their implementation of a relationship-focused approach to early childhood intervention. We are now ready to look at next steps for this research, conducting an RCT of the PAIR model in early intervention practice.

Visit our website



<https://qcprrc.centre.uq.edu.au/>

Interested?

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