

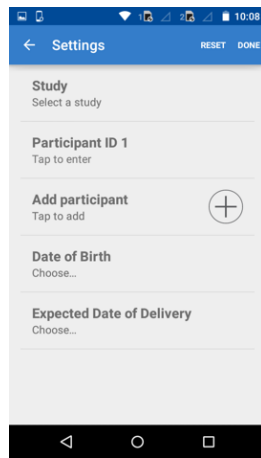
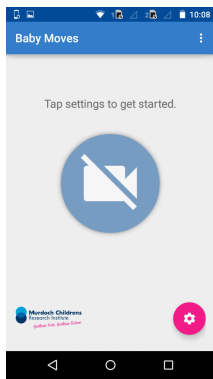
How to use the Baby Moves app



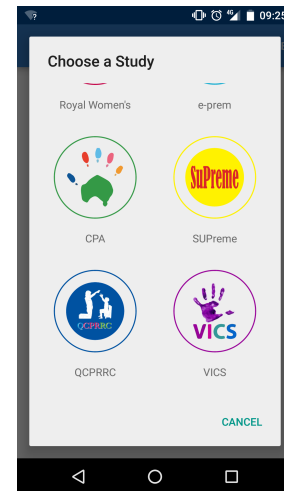
Baby Moves allows parents to record and upload a video of their baby's natural body movements to be checked by a health professional using the General Movements assessment (www.general-movements-trust.info). The General Movements assessment looks at specific movement patterns that occur when your baby is awake and lying on their back without any other handling.

1. Search for 'babymoves' in Google Play Store

2. Download the app and go to 'Settings'



3. Choose a study



4. Enter info

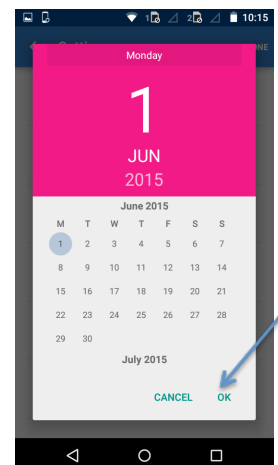
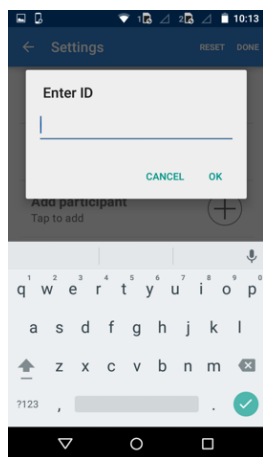
Enter ID (this is your baby's study number) _ _ _ _ _

If you have twins: Tap 'Add participant' & enter second ID _ _ _ _ _

Select date of birth _ _ / _ _ / _ _

Select expected delivery date. (This is the date that your baby was due to be born on). _ _ / _ _ / _ _

Press 'OK' to save.



Make sure that you allow notifications so that you get reminders about when to video your baby

Any questions about the app?

There is a contact email in the About section specific to the study you are participating in.

